



Continuous Professional Learning Reflection Questions

Use these questions after attending a laLa workshop, viewing a webinar, or reading an article to include in your CPL Portfolio!

What was my main takeaway? How does it relate to the 4 Foundations of *How Does Learning Happen?* (Belonging, Engagement, Expression, Well-Being)

What other takeaways will be useful to my practice as an Early Childhood Professional?

How can I put my takeaways into practice right away?

Why should I put them into practice right away?

What support/resources do I need to be able to confidently put what I've learned into practice?