

THE COURAGE TO **CARE** YOU. CHILDREN. LAND.

NOVEMBER 17, 2023

RBC Place London | Hellenic Community Centre | FireRock Golf Club

A SYSTEM-WIDE PROFESSIONAL LEARNING DAY

This opportunity will bring the London-Middlesex-Elgin early years systems together to reflect, learn, grow, and celebrate the invaluable contributions early years professionals make each day in service to children and families across our regions.

Let's revisit **CARE** in Early Childhood Education and Care (ECEC).



SCAN TO GO TO "THE COURAGE TO CARE" PAGE ON STRIVE'S WEBSITE OR VISIT

[STRIVESWO.CA/THE-COURAGE-TO-CARE](https://striveswo.ca/the-courage-to-care)

Registration opens on September 11 and closes on October 31



THE COURAGE TO CARE AGENDA



8:30 AM - 9:30 AM	Doors Open, Check-In & Breakfast
9:30 AM - 10:00 AM	Opening Ceremony
10:00 AM - 10:30 AM	Welcome
10:30 AM - 11:30 AM	First Keynote Speaker
11:30 AM - 1:00 PM	Reflection Period & Lunch
1:00 PM - 2:00 PM	Second Keynote Speaker
2:00 PM - 3:00 PM	Reflection Period & Break
3:00 PM - 4:00 PM	Third Keynote Speaker
4:00 PM - 4:30 PM	Closing Ceremony & Remarks



TAKE CARE OF YOU TOO: A GUILT-FREE GUIDE TO SELF-CARE

FACILITATED BY MIKE MASSE

In the "Take Care of You Too: A Guilt-Free Guide to Self-Care - Introduction Workshop," Mike will bring his unique blend of knowledge, humour, enthusiasm, and practical techniques to help educators prioritize their own well-being. Through interactive exercises, group discussions, and mindfulness practices, attendees will discover how to integrate self-care seamlessly into their daily lives without guilt or added stress.

Mike understands that learning and growth can be both fun and engaging, making the journey toward self-care an empowering and sustainable one. Be prepared to leave the workshop feeling inspired and equipped with practical tools to enhance your personal well-being and professional practice.



Mike Masse is a mindfulness consultant, public speaker and best selling author who specializes in mindfulness based stress reduction. For over a decade, he has been teaching adults, youth and children mindfulness skills to help reduce their levels of stress and anxiety. Mike has become a highly sought after trainer; facilitating workshops with educators, first responders, health care providers, and others who work in high-stress environments. Mike's engaging and encouraging teaching style will have you feeling excited and hopeful about what mindfulness can do to transform your well-being and your professional practice. It's time to take care of you too!



CULTIVATING SECURE SPACES TO PROBE THE COMPLEXITIES OF CARE

FACILITATED BY DR. TINA BONNETT

Care, a complex and multi-layered element of early years pedagogical practice, requires deliberation with an openness to plural perspectives. On this account, this professional learning experience invites participants to reflect on the history and theoretical underpinning of care, in relation to the child. The contextual nature of care, and care in tandem with attachment and a trauma-informed stance, will be examined. Tensions typical to care, such as gender, the ed/care binary, policy, leadership, and compassion fatigue in pandemic recovery, will likewise be of focus. The pertinence of situating early years pedagogy in a care paradigm, as well as the vulnerability necessary to bring care discourse to public spaces for dismantling and re-dressing, will be central to this professional learning experience. Participants will be invited into critical reflection about what care means to them, in the context of their own lived experiences, positionally, and beliefs.



Tina Bonnett (*Ed.D., MS.ECEd., RECE, CTIC*) is a faculty member in the Honours Bachelor of Early Childhood Leadership (HBECL) degree program at Fanshawe College. She is an RECE, a graduate of York University's Infant Mental Health program, and has completed a master's degree with a focus on primary care infant/RECE dyadic attachment relationships. Tina also holds a doctoral degree from Western University. Her dissertation explored the intersection of relational leadership and infant care. Tina has earned a graduate certificate in Applied Psychology and Counselling with a specialization in psychotherapy and is trained in Emotionally-Focused Therapy, ITATM®, and the Circle of Security program. Some of her research interests include attachment, trauma-informed practice, relational leadership and care discourse.

Tina will be joined by Olivia Musico, RECE, recent graduate from the HBECL program and Strive's Professional Learning Assistant. Olivia will briefly discuss her recent capstone research project "A TIP Self-Study: Preparedness of Pre-Service ECL Students" which she completed alongside her two classmates, Madison Jacques and Grace Sowa. The findings of this research embody turning points, indicating the need for early years professionals to gain a deeper understanding of Trauma Informed Practice (TIP) with more distinct attention in pre-service learning.



LISTENING TO THE HEARTBEAT OF MOTHER EARTH THROUGH A SEASONAL PEDAGOGY IN THE EARLY YEARS

FACILITATED BY DR. HOPI MARTIN

Dr. Hopi Lovell Martin, Oshkaabewis (Sacred Helper, Messenger, Fire Keeper, Lodge Caretaker) earned his PhD in Ojibwe Developmental Psychology and Education from OISE/UT through his research of Listening to Land as Teacher in Early Childhood Education (2021) which brought forward an Ojibwe Anishinaabe perspective of 'how learning happens'. As a mixed race Lenape/Briton/European born in the United States without tribal belonging, this research grew from his experience of being 'named' and 'claimed' by his Niiyawew'enh (Namesake), Dr. Gokoomis Jacque Lavellée, her family, and the traditional responsibilities of her Dede's Waabizheshi Doomed (Ojibwe Marten Clan) in the urban context of Toronto, Ontario, Canada where he now lives with his family down the street from his 'Auntie Jacque' (Martin citing Lavellée, 2021). The 'Seasonal Pedagogy' that emerged



from this Indigenous, land-based research suggests an ethical approach for Peoples/Nations from all Four Directions to come into relationship with Traditional Ojibwe Bush Knowledge through a growing network of 'Bush Schools' that are being established alongside settler approaches to early years education.

You are invited to come listen to Dr. Hopi Martin, Waabizheshi Oshkaabewis (Ojibwe Marten Clan Sacred Helper, Messenger, Fire Keeper, Lodge Caretaker) share about his research of Ojibwe Developmental Psychology and Education called 'Listening to Land as Teacher in Early Childhood Education (2021)'. This land-based research uncovered an old Circle Teaching in relation to the Four Seasons that has particular relevance to 'how learning happens' for Human Beings in relationship to Mother Earth and Father Sky. While this Circle Teaching is remembered by Ojibwe, this research proved that this 'Seasonal Pedagogy' could ethically be learned and applied by Peoples/Nations from all Four Directions, particularly through common experiences of unstructured, land-based play with children through the Four Seasons around the Great Lakes.

*Although there will be free parking available at each venue, **it is very limited**. We strongly encourage you to carpool in groups or take public transportation if available. **More specific parking details for each venue are available on striveswo.ca/the-courage-to-care**

HELLENIC COMMUNITY CENTRE

This is the most southern venue. Due to this, a certain number of spots have been **reserved for Elgin professionals**. However, London and Middlesex professionals are more than welcome to register for this venue for the remaining capacity.

**133 Southdale Road West
London, ON
N6J 2J2**

FIREROCK GOLF CLUB

This venue is located in Middlesex County, just west of London. Due to this, most spots have been **reserved for Middlesex professionals**. However, London and Elgin professionals are more than welcome to register for this venue for the remaining capacity.

**10345 Oxbow Drive
Komoka, ON
N0L 1R0**

RBC PLACE LONDON

Located in the central area of London and is the largest venue to choose from.

**300 York Street
London, ON
N6B 1P8**

Parking for RBC Place will be available at three different parking lots, free of charge. However, **parking spaces are limited. We strongly encourage carpooling in groups or taking public transportation.**

- RBC Place Underground Parking Lot (accessible from York Street)
- 301 York Street, Canada Wide Parking Lot
- 299 King Street, City of London East Parking Lot #15

Key Information:

- Each person must register themselves
- You must register in order to attend
- Please register at only **ONE** venue
- Although certain locations have reserved spaces for specific regions, you are welcome to register at any venue pending ticket availability
- All three venues will have the same experience, just in a different order
- Food menus will be similar between all three venues
- Registration opens on Monday, September 11, and closes on Tuesday, October 31

Questions? Email
info@striveswo.ca

To register, use the QR codes and links below, or visit striveswo.ca/the-courage-to-care to access The Courage to Care page on Strive's website (scan QR code on first page)

HELLENIC COMMUNITY CENTRE

To register for Hellenic Community Centre, click [HERE](#) or scan this QR code



FIREROCK GOLF CLUB

To register for FireRock Golf Club, click [HERE](#) or scan this QR code



RBC PLACE LONDON

To register for RBC Place London, click [HERE](#) or scan this QR code

