

# REKINDLE YOUR INNER CHILD: MULTI-SENSORY MUSIC & MOVEMENT FOR CHILDREN AGES 0-5

PEDAGOGICAL FOCUS: BELONGING, EXPRESSION, WELL-BEING



**Facilitated By:**  
**Sarah Hall, Strawbubs**

Sarah from StrawBubs is set to lead an engaging session, offering participants a dynamic 'musical toolkit' filled with creative ideas to infuse music, movement, and sensory experiences into their childcare environments. Utilizing props like egg shakers, sensory scarves, a parachute, and bubbles, Sarah will demonstrate the versatility of these items through various songs and imaginative applications. The session, structured much like a class for little ones, encourages active participation—expect to shake egg shakers, gracefully wave sensory scarves, and bounce props on the parachute. It's an excellent opportunity to personally experience the joy that music brings and rediscover your inner child. The session aims to empower participants, instilling confidence in seamlessly incorporating the 'musical toolkit' into their settings, regardless of their musical background. There's no need to feel intimidated by music; this session is designed for everyone, regardless of musical expertise.

**REGISTER NOW!**

**COST?** PAY WHAT YOU CAN - SUGGESTED: \$5

## London

**WHEN?**  
**Tuesday, April 16, 2024**  
6:30-8:00 PM

**WHERE?**  
**StarTech YMCA**  
501 Southdale Rd W  
London, ON  
N6P 1M7



## Middlesex

**WHEN?**  
**Tuesday, April 30, 2024**  
6:30-8:00 PM

**WHERE?**  
**Ilderton Community Centre**  
13168 Ilderton Rd.  
Ilderton, ON



## Elgin

**WHEN?**  
**Tuesday, May 28, 2024**  
6:30-8:00 PM

**WHERE?**  
**The Masonic Centre of Elgin**  
42703 Fruit Ridge Line  
St Thomas, ON



## Oxford

**WHEN?**  
**Tuesday, June 11, 2024**  
6:30-8:00 PM

**WHERE?**  
**Woodstock Covenant Church**  
410 Landsdowne Ave  
Woodstock, ON



Early years professionals are encouraged to register for whichever date, in whichever location works best for them.